



## Pre-Procedure Instructions

Your Procedure is scheduled for \_\_\_/\_\_\_/\_\_\_ @ \_\_\_\_\_ at St. Joseph Hospital.

### Surgery Site Information:

**Presence Health St Joseph Hospital**

**2900 N. Lakeshore Dr, Chicago, IL 60657**

Please register upon entering the Hospital (1<sup>st</sup> Floor)

Please arrive 2 hours prior to your appointment.

### Instructions

- Do not eat solid foods for six (6) hours before your appointment.
- Do not drink any fluids for two (2) hours before your appointment.
- Please take your usual blood pressure medications on the day of the procedure with a small sip of water.

### Blood thinning Medication

Do not stop any blood thinning medicine without instruction from your physician. In many circumstances, you may need special permission from your primary care doctor or other specialist to determine if it is safe for the medication to be temporarily stopped.

**Clopidogrel (Plavix)** must be stopped 7 days before your procedure

**Ticlopidine (Ticlid)** must be stopped 14 days before your procedure.

**Acetylsalicylic acid (Aspirin)** (dose higher than 81 mg) must be stopped 10 days before your procedure.

**Enoxaparin (Lovenox)** must be stopped 24 hours before your procedure.

**Fondaparinux (Arixtra)** must be stopped 48 hours before your procedure.

**Dalteparin (Fragmin)** must be stopped 24 hours before your procedure.

**Rivaroxaban (Xarelto)** must be stopped 24 hours before your procedure.

**Warfarin (Coumadin)** must be stopped 4-5 days before your procedure and your INR should be less than 1.5.

When taking Coumadin, you must have your blood drawn to determine the clotting time.

### Anti-Inflammatory Medications

For 5 days before the procedure, do not take anti-inflammatory medicines such as ibuprofen (motrin®), naproxen (Alleve®, Naprosyn®), Lodine®, Arthrotec®, Sulindac®, Voltaren®, Feldene®, Diclofenac, Indocin®, Relafen®, Celebrex). Ask your physician if you have questions as to whether a drug you are taking could be an anti-inflammatory.



**For patients who are Diabetic:**

Do not take your insulin or blood sugar medication on the day of your procedure. If you have any questions regarding your insulin dose on the day of the procedure, please call your primary care physician.

**For patients taking Antibiotics:**

The procedure must be postponed until you have finished your antibiotics.

**For patients with flu or cold symptoms:**

The procedure must be re-scheduled and postponed until you are well again.

**Other instructions:**

- You will need to arrange for someone to take you home after the procedure. You may not drive yourself home.
- Please bring your X-Rays, CAT scans and MRI scans, including a written report, with you to your appointment.

**Remember to keep good mental or written notes of what your response is to the treatment. This is important for your doctor to know so that the follow-up treatments can be designed to best help you and your problem.**

To cancel your appointment, first call St Joseph Hospital Dept. of Outpatient surgery (773) 665-3200. Once the hospital has been notified, please contact the Diamond Headache Surgery scheduler at (773) 388-6390 ext 405 at least 48 hrs in advance. Failure to cancel your appointment with at least 24 hour notice will result in a \$100.00 fee. Thank You for your consideration in advance.

I have read and I understand this form. I hereby give consent to be treated by Dr. Alexander Feoktistov.

Patient Name: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date \_\_\_\_\_